

DISCOVER TRUTH FOR YOURSELF

Lightning Study



Is it possible to be safe? Can there be peace in the midst of turmoil or terror? The answer is in the Bible, the unchanging Word of God.

Follow the instructions overleaf & you can discover truth for yourself

- 1 He who dwells in the shelter of the Most High will abide in the shadow of the Almighty.
- 2 I will say to the Lord, "My refuge and my fortress, my God, in whom I trust!"
- 3 For it is He who delivers you from the snare of the trapper and from deadly pestilence.
- 4 He will cover you with His pinions, and under His wings you may seek refuge; His faithfulness is a shield and bulwark.
- 5 You will not be afraid of the terror by night, or of the arrow that flies by day;
- 6 Of the pestilence that stalks in darkness, or of the destruction that lays waste at noon.
- 7 A thousand may fall at your side and ten thousand at your right hand, but it shall not approach you.
- 8 You will only look on with your eyes and see the recompense of the wicked.
- 9 For you have made the Lord, my refuge, even the Most High, your dwelling place.
- 10 No evil will befall you, nor will any plague come near your tent.
- 11 For He will give His angels charge concerning you, to guard you in all your ways.
- 12 They will bear you up in their hands, that you do not strike your foot against a stone.
- 13 You will tread upon the lion and cobra, the young lion and the serpent you will trample down.
- 14 "Because he has loved Me, therefore I will deliver him, I will set him securely on high, because he has known My name.
- 15 "He will call upon Me, and I will answer him; I will be with him in trouble; I will rescue him and honor him.
- 16 "With a long life I will satisfy him and let him see My salvation."

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Instructions

1. Read through Psalm 91 aloud to familiarise yourself with its general content.
2. Read through Psalm 91 again. Underline all the pronouns that refer to the psalmist. Begin with he in verse one and mark every I, my, you, your, him unless it is a pronoun referring to God.

Reflect: Now look at what you have just marked

- What does the Psalmist do?
- What are the benefits of those who take shelter in the Most High, the Sovereign Lord?

3. Read through the Psalm again and put a triangle over every reference to **God**, *the Most High*, *Almighty*, *the Lord*, and all pronouns referring to Him.

Reflect: Look at every place where you have marked the Lord.

- What do you learn about Him in this Psalm?
- Can you take refuge in Him?

4. Put a box around every reference to **refuge** then ask God to remind you in all circumstances to make Him your refuge.

Reflect: Now according to Psalm 91 and what you have observed, how can you have peace in the midst of turmoil?

*"These things I have spoken to you, so that in Me you may have peace.
In the world you have tribulation, but take courage;
I have overcome the world."*

John 16:33